

# Behavioral Health Urgent Care Clinic (BHUCC)

Shannon Moss, MA, LPC Clinical Director for Crisis Services

## **Mission**

To deliver mental health and substance use disorder services to help individuals and families achieve healthier and more productive lives.





#### **Crisis Services**

- Behavioral Health Urgent Care Clinic (BHUCC)
- Partial Hospitalization & Intensive Outpatient Program (PHP/IOP)
- Zero Suicide (Youth and Adults)
- Crisis Outreach (includes crisis line)
- CIT Outreach (includes Co-Responder, Community Mental Health Liaison, Court Diversion)
- Kansas City Assessment and Triage Center (KCATC)
- Hospital Diversion / Emergency Room Enhancement



# Behavioral Health Urgent Care Clinic (BHUCC)

#### Who we are...

ReDiscover's Behavioral Health Urgent Care is a clinic that treats individuals with mental health and substance use disorders.

#### What we do...

We see individuals on a "walk-in" basis to address their acute needs. Treatment and referrals to ReDiscover, other Community Mental Health Centers, and/or private sector outpatient services are provided to each individual during their visit.



#### The BHUCC

Location: 7001 Blue Ridge Blvd., Raytown, MO

Phone: 816-988-2739 Fax: 816-347-3029

Open 7 days a week, including holidays

Open 9am to 9pm

Services are provided on a walk-in basis

Walk-ins and voluntary drops off by law enforcement or EMS are accepted until 7:30pm

Services provided to ages 18 and older All services are voluntary



## **Current Staffing**

01

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01

03

Office Manager

**Medicaid Specialist** 

Counselor Technicians

03

**Prescribers** 

03

**Nurses** 

02

**Case Managers** 

02

Qualified Mental Health Professionals 02

**Team Leader** 

Program Manager

## **Open Positions**

01

Counselor Technician

01

Program Coordinator

02

**Case Managers** 

03

Qualified Mental Health Professionals 01

**Nurse** 

## **Service Offerings**



- Behavioral Assessment & Intervention
- Psychiatric Evaluation & Medication Services
- Medication Refills or Adjustments
- Short-term Case Management
- Referral to Outpatient Services
- Referral to Community Resources
- Medication Assisted Treatment
- Medicaid Application Assistance
- Onsite Genoa Pharmacy

## **Exclusion Criteria**

- Active substance withdrawal that requires medical attention
- Active SI or HI with plan and intent
- Acute psychosis that is actively placing client in danger to self or others
- Needing placement only (i.e. shelter or housing)
- Needing hospitalization for an active 96 hour hold

#### **BHUCC Process**

01

02

03

04

05

Registration & Triage

Counselor Technician Nursing Screening

RN or LPN

Behavioral Health Assessment

Qualified Mental Health Provider Psychiatric Medication Assessment

**APRN** 

Case Management

Outreach Case Manager

\*Medicaid Specialist As Needed\*







ReDiscover behavioral health urgent care clinic
Date: 6-2821 Medication Provider: Lakertia or Beth
Medication Provider: Lake 1 to 10 to
Mental Health Professional:
Case Manager: Dennifer or Brittney
Nurse: Josh
I am here today because
My goal for this visit
G Carte de C

# Medication Assisted Treatment (MAT)

Suboxone/buprenorphine Vivitrol Naltrexone

Call Urgent Care (816-988-2739), CommCare/ACI (888-279-8188), or Walk in Initiation of treatment and Induction

9:00am – 6:30pm at Urgent Care

6:30pm – 9:00am at KCATC





#### **Referral Sources**

- Hospitals
- CMHCs
- Law Enforcement
- First Responders
- Friends and family
- Crisis line
- Probation and Parole
- Correctional Facility

- Employer
- Clergy
- Mental Health Court
- School
- Insurance
- Primary Care Physician
- Private Practitioner

# Finance Review

#### **Finances**

\$1,382,542

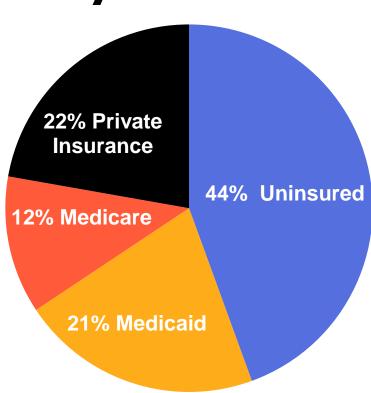
2021 Budgeted Operating Expenses \$65,000

Program Grant Funding

Medicaid Specialist

Position Grant Funded

## **Payer Sources**

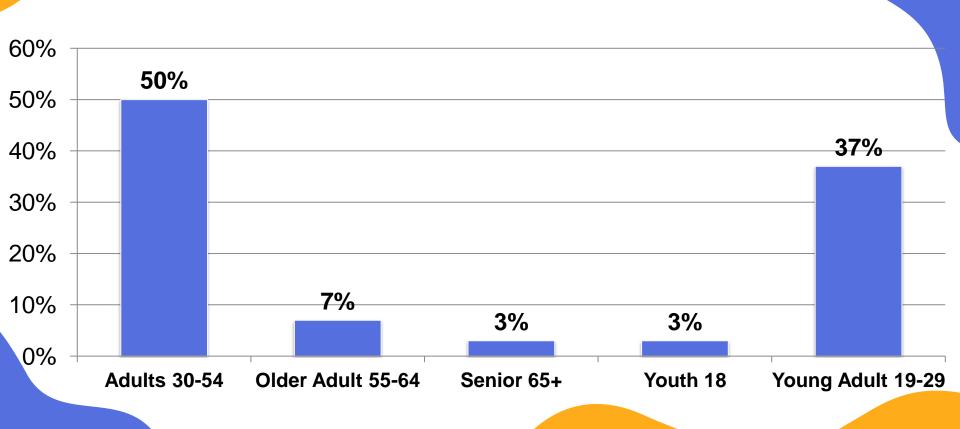




## **Outcomes**

August 24, 2020 – May 31, 2021

### **Individuals Served**



### **Clinic Census**

	September	May	Total Daily Average
Monday	3.7	10.8	7.4
Tuesday	4.3	11.0	7.2
Wednesday	4.8	14.8	7.7
Thursday	4.5	11.3	7.5
Friday	5.8	10.3	7.2
Saturday	3.5	4.4	3.9
Sunday	2.0	3.0	2.6
Total Monthly Average	4.4	9.0	6.3

Total individuals served as of May 31st - 1333

# **Service Delivery**

	September	May	Total
In-Person	64%	97%	88%
Telehealth	36%	3%	12%
Clients Served	81	232	1333

#### Referrals

- 790 new referrals made for services
- 474 were made to providers outside ReDiscover (60%)
- 533 individuals presented while already in services with an existing provider

### Common FAQs

- Q Are individuals without insurance and/or inability to pay able to receive services?
- A Yes. They are assisted with completing a Sliding Fee Scale Application and assisted with Medicaid Application, based upon their eligibility.
- Q What if I can't afford my medications?
- A Case Managers will assist with finding resources for prescription assistance
- Q What happens if I can't get into an outpatient provider prior to running out of medications?
- A Interim services are provided, as needed, until the individual is connected with their CMHC or private providers. Individuals may receive refills of their medications that were prescribed from Urgent Care.

### **Common FAQs**

Q- Can I receive an injection?

A- LAI can be provided to individuals based upon one's prescription coverage and/or the clinic's availability of sample medications

Q - I'm just not sure if Urgent Care is the service I need, what do I do?

A - Team Lead is available 9am to 9pm to answer questions and triage to determine if Urgent Care is the most appropriate level of care that is needed.

#### Q – Can I make an appointment?

A – All individuals are seen on a walk-in basis, 1<sup>st</sup> come, 1<sup>st</sup> serve and level of acuity. Scheduled intake appointments can be made by calling ReDiscover's main line at 816-966-0900. At this time Sundays is our slowest day.

## **Moving Forward**

- BHUCC expansion to serve adolescents
- 24/7 BHUCC services
- Medical Detox

#### For More Information

**Urgent Care Main Line:** 816-988-2739

ReDiscover Main Line: 816-966-0900

**After Hours:** 1-888-279-8188

#### **Program Manager**

Elaina Miller: 816-988-2760 / 816-786-1275 (cell)

#### **Clinical Director**

Shannon Moss: 816-988-2745 / 316-208-7833 (cell)